

Access to regular healthcare appointments for residents in Spain



British Embassy
Madrid

All regions in Spain have made changes to (non-COVID19 related) regular services provided by health centres. Some centres have reduced opening hours, some require you to telephone first, some are now operating digital services, such as online consultations, mobile phone apps, and telephone consultations.

Below you will find a summary of how to access appointments for regular treatment in your region. For more detailed information or specific circumstances, such as specialist treatment, you will need to contact your health centre. If your region isn't included below, please contact your local health centre to enquire directly.

Andalucia:

For non-emergency treatment and appointments, you must call your local health centre. Please consult [here](#) to find your nearest centre.

You can also [request your appointment online](#) via the **Clic Salud+** system.

Balearics:

For non-emergency treatment and appointments, you must call 902 079 079 or 971 43 70 79 *before* going to the healthcare centre. The line is experiencing lots of calls, please continue to ring if you are not successful first time.

IB Salut will automatically renew prescription medicine from 17th March 2020, for 2 months. You can find further information [here](#). Call 902 079 079 or 971 43 70 79 if your prescription hasn't been renewed automatically.

There is also a mobile phone app **Cita Prèvia GOIB** which you can download. Please consult [here](#) for more information on how to download the app.

Canaries:

For non-emergency treatment and appointments, you can [make an appointment online](#) or call [your local health centre](#) (click on the island on the left hand tab, and then "mapa de centros sanitarios on the left hand tab of the next page).

If you need prescription medicine, there is an online service to renew your prescription, consult with your local health centre. You can also download the app **SCS Cita Previa A.P.**

Catalunya:

Some health centres have changed their services and opening times. For non-emergency treatment, including prescription medication and appointments, you must contact your health centre in the first instance. You can find the contact details for your local health centre [here](#). You can also log onto your online account [La Meva Salut](#) and make your request. **La Meva Salut** is also available as an app on your mobile phone.

Madrid:

For non-emergency treatment, please contact your health centre by telephone in the first instance. You will find the latest information on how to request an appointment, including an option to make an appointment online [here](#).

You can also download an app for your mobile phone **Cita sanitaria Madrid**.

Please note that the Madrid health service will renew any regular prescription medication automatically for 90 days.

Murcia:

Please call 968 228 250 to make your appointment. Alternatively, you can access the online system [here](#), using your personal details and health card number. If you have not registered for the online system, you can do so [by following this link](#).

Valencia:

To obtain a doctor appointment/prescription medicine in the Valencia region it is advisable to call your local health centre in the first instance and follow their guidance. You can locate your nearest health centre [here](#). Have your SIP card at hand when you call.

Alternatively, you can [download the app](#) for the Valencian health service **GVA mes salut**.

Don't forget, if you have a medical emergency you must call 112