

# U3A Denia

Asociación de la  
Tercera Edad de Denia  
www.u3adenia.org



## June 2017 Newsletter

### The Committee:

**President: Gordon Clifford**

Vice President: Christine Whitelock

Treasurer: Roger Fell

Secretary: Mike Blower

Ex Officio: Pam Rowlinson

Ex Officio:

Ex Officio:

Ex Officio:

Len Roper

Margaret Kelly

Audrey Roper

### A Message from the President:

Earlier this month, proof was provided, if indeed any was required, that our Association is truly an outward looking and caring organisation, when 116 members and friends enjoyed a memorable "Sunset Cruise" which raised the amazing sum of €1401 for our Good Cause. I would like to offer my personal thanks to the organisers, Pam, Audrey, and Len, for all their hard work they did to ensure that this event was so successful. Running an event like this is no easy task. My thanks also to everyone who attended this event and without who it would not have gone ahead. Thanks are also due to the owners of Cafe Soles for doing the catering, the amazing Rob Sweeney whose musical repertoire literally kept the boat rocking for three hours, and the owners of the Catamaran, Mundo Marino, who gave us a great deal on the charter of the vessel, due in no small part to Len's considerable charm and negotiating skills !

In addition, we also received a donation of €500 from Jalon Valley Help. A letter expressing our thanks and appreciation for this wonderful gesture has been sent by Pam to Elaine Horton the President of JVH.

It is intended to hold another Fund Raising event, this time on dry land, at the Restaurant Kathmandu. The event will take place on the 12th of October and will take the form of a Quiz the like of which you will most definately never have experienced before, together with a meal. The quiz will be compiled and presented by the irrepressible Len and Audrey together with as many assistants as they can "Press Gang" on the night. Full details of this event are available on the website. The number is limited to 70 so make sure you book early.

As you are aware, five members of the Committee will be resigning early next year. To ensure a smooth transition volunteers to replace these members are already being sought. Should you wish to nominate either yourself, or someone else, please contact the Secretary. Should you be nominating someone other than yourself please ensure that you have their agreement.

Finally, holiday time is upon us once again, how quickly time passes, so wherever you are travelling to may I wish you a very enjoyable, worthwhile, and above all safe journey, and I look forward to seeing you at the next Members meeting in September

Gordon Clifford  
President

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**News from the Groups:**

**Golf Group:**

Hi all

We are stopping the lessons at Olivia with Paul from the end of this month June until September as most people are away or have family staying so if any one would like a lesson with Paul during these dates please contact Paul by email on [Performancegolfcoaching@gmail.com](mailto:Performancegolfcoaching@gmail.com)

Anyone interesting in playing golf during these time can get a game with [Varietygolfass@hotmail.com](mailto:Varietygolfass@hotmail.com). Just email Peter they have games almost each week.

Hope you all have a good summer and keep practicing

[golf@u3adenia.com](mailto:golf@u3adenia.com)

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**Petanque Group:**

The weather continues to get warmer but this does not deter our Petanque members who are turning up each week bringing visiting guests along with them to experience the friendly atmosphere and join in our games.

This month we also held a Summer Brunch in the park which was enjoyed by all. I have also arranged with Bassette Restaurant to provide our players with some Tuesday lunch specials.

Below you can see the lovely smiley faces of our recent winners. Congratulations to them all and commiserations to the runners up.



Ann  
Group Leader

[petanque@u3adenia.com](mailto:petanque@u3adenia.com)

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### **Quiz Group:**



The U3A Dénia quiz night takes place on the 4<sup>th</sup> Friday of the month at the Poligono Restaurant in Dénia. The price for the quiz, meal and including prizes is 13 Euros per person.

If you would like to be added to the mailing list for quiz nights please contact Richard [quiz@u3adenia.com](mailto:quiz@u3adenia.com)

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### **Racketball Group:**

We meet every Tuesday at the Squash Court at the Tennis Club de Dénia, subject to confirmation of attendance the weekend prior by email to the Group. Times differ, dependent upon the numbers playing, but we usually play from 0900 to 1100.

Occasionally, new players could arrange a different day/time to play.

Interested Members can come along to have a look at the game, or play, but should contact the Group Leader to confirm times. All Members are happy and able to help others to learn the game.

It is a more gentle version of Squash, played with larger rackets and balls, and is played on a Squash court with similar, simple rules. Rackets and balls are available

to have a go, and those continuing to play will be expected to buy their own racket after a few games.

Players need usual kit, and shoes that will not mark the court. The session costs 4 euros, collected on the day. Changing Rooms and Showers are available subject to a 5 euro charge to the Club to receive a Pass Card. A Passport photo is required for this.

Racketball is an excellent way to maintain fitness and activity levels appropriate to our usual age group.

If you would like to join this group or would like further information please contact Brian Sear

[racketball@u3adenia.com](mailto:racketball@u3adenia.com)

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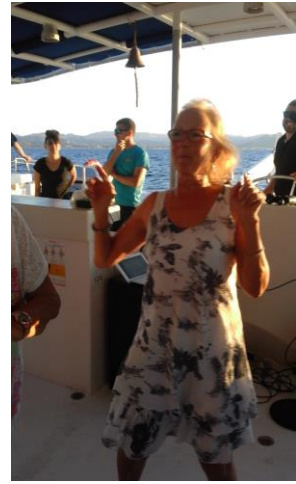
### **Travel Group:**

#### **Special Sunset Cruise – Sunday 11<sup>th</sup> June**

Just a few of the many photographs taken on the night.





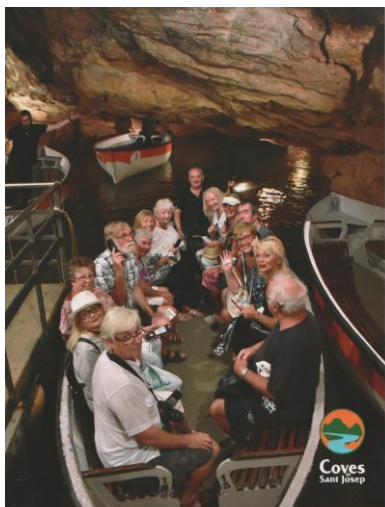


A really good time was had by all

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### Day Trip to the St Josep Caves, Val d'Uxio – 22<sup>nd</sup> June

39 members visited the St Josep Caves on 22<sup>nd</sup> June. Judging by the lovely comments sent to me by the members it seems everyone had a lovely day. We were not allowed to take photographs unfortunately inside the caves but we could purchase the official ones



We then went to the restaurant El Guano for lunch which was excellent.



### **The Travel Programme for the second half of the year:**

#### **UBEDA AND BAEZA 5 September 2017**



Departing on 5 September 2017 and returning on 7 September 2017 - 3 days 2 nights

Early morning departure towards Jaen with stops en route. Arrival and free time to visit Jaen with its Cathedral and Arab baths. Continuing to Baeza, arrival, dinner and accommodation.

**DAY 2: Baeza – Ubeda – Baeza**

Breakfast and departure towards Ubeda, arrival and free time to visit the town with its very well conserved old town with the services of a local guide. Both towns were the border between the Christian and the Arab world for a long period. The old towns that are full of palaces with the families coat of arms made out of stone on the doors. In the afternoon continuing to Andujar, arrival and free time to visit the city. Return to the hotel.

**DAY 3: Baeza – Guadix – Dénia**

Breakfast and departure for Dénia with free time for lunch in Guadix and the possibility to visit one of the typical cave houses. Arrival in Dénia.

**INCLUDED IN THE PRICE:**

- Modern air conditioned bus with video, fridge, reclinable seats

- All transfers and excursions mentioned
- 4\* hotel in Baeza
- Half board from dinner on the first day to breakfast on the last
- Water and wine with meals
- Visit to an olive oil factory – Almazara
- Guide from Gandia tours

Single supplement €75

This trip is advertised for the 20 to 25 pax initially. Prices may reduce depending on the number of travellers.

Cost for a double room - 470€

Cost for a single room - 310€

There are 14 places left for this event. You must sign in to book travel events

### **CRAZIEST QUIZ IN THE WORLD 12 October 2017**



Thursday 12th October

#### The Craziest Quiz Night in the World

This quiz will be like no other quiz you have been to with quirky questions which are open to quirky and amusing answers.

Learn more about yourself and those around you!!

The basic idea is that we answer off the wall questions – no answer is right or wrong. The quirkiest or most amusing answers will be read out.

This event will take place at the Kathmandu Restaurant, Las Marinas, Dénia – 7pm for 7.30pm meal – Thursday 12th October 2017

Leave your brain at the door!!

€18 per person for 3 course meal with wine. Price includes a small donation towards the Christmas presents for the 23 children who are resident at the Care home in Dénia.

Menu:

18euros per person including donation.

STARTER Mixed Starters

MAIN COURSE CHICKEN TIKKA MASALA

Marinated chicken cooked with butter, almond, coconut  
in a tomato sauce with fresh cream

GURKHALI LAMB

Lamb cubes cooked with green herbs, spices & onions

CHICKEN KARAHI

Chicken cooked with onions, green and red peppers, fresh  
tomatoes and coriander seeds in a thick sauce

KING PRAWN ASANDA

King prawns cooked in a very mild sauce with ground  
almonds, dry fruits and fresh cream

LAMB MADRAS

Lamb cooked in a hot curry sauce

ACCOMPANIMENTS:

VEG. SIDE DISHES & PILAU BASMATI RICE  
GARLIC AND PLAIN NAAN

DESSERT: ICE CREAM OR COFFEE

(Half bottle wine per person: or 1 large beer: or bottle of water)

This event is now open for booking

Cost per person - 18€

There are 44 places left for this event. You must sign in to book travel events



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## VIVA ESPANA - 2 SHOWS AND MEAL 15 October 2017



Come and join us at this famous Oliva venue on Sunday 15th October.

The afternoon begins with a traditional Andalucían horse show, followed by a delicious three course meal with wine.

Starter

Rustic Salad

or

Foie with Rusks

Main Course

Iberian Sirloin with Mushroom Sauce

or

Salmon with White Sauce

Dessert

Chocolate Mousse

Coffee

It includes a bottle of wine per couple, water, bread and a drink during the equestrian show.

After lunch, we'll be further entertained with a spectacular flamenco floor show.

Don't miss this opportunity to see the horses and dancers perform. Places are limited so book your seat now using this link.

Cost for both shows, lunch and coach transport, is €44 pp.

Please book before 1st September to reserve your place/s

Any problems with booking please contact [pamrowlinson@gmail.com](mailto:pamrowlinson@gmail.com)

Cost per person - 44€

There are 17 places left for this event. You must sign in to book travel events

Pick up time from:  
New Marina Denia - 11.15 am  
McDonalds Denia - 11.30 am  
Mas y Mas Ondara - 11.45 am



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## **BARCELONA 6 November 2017**



Departing on 6 November 2017 and returning on 9 November 2017 4 days 3 nights

**DAY 1: Dénia – Barcelona**

Early morning departure towards Barcelona. Stops en route in Peniscola or Taragona. Arrival and accommodation in the hotel.

**DAY 2: Barcelona (Montserrat)**

Breakfast and tour of Barcelona with official guide included passing the buzzing Plazas de Catalunya and Espana continuing to Montjuic with it's beautiful view of the city, museums, Spanish village and castle. Continuing to the Gothic quarter passing the famous statue of Columbus and the Sagrada Familia Cathedral. Continuing to Montserrat with its monastery and the Basilica of the Virgin and museum. Return to the hotel, free time and accommodation.

**DAY 3: Barcelona**

Breakfast and free day in Barcelona or half day tour of the architectural building by Gaudi famous catalan architect with the Parque Guell continuing to the sacred family work with a visit to the temples with its impressive towers. Free afternoon and accommodation in the hotel.

DAY 4: Barcelona – San Sadurni – Castalla

Breakfast and departure towards Sant Sadurni with a visit to a famous wine cellar. Continue to the Costa Blanca with stops en route.

INCLUDED IN THE PRICE:

- Modern air conditioned bus with video, fridge, reclinable seats
- All transfers and excursions mentioned
- Visit of Barcelona with official guide
- Hotel Cristal/Exe laictana 4\* in Ramblas area
- Half Board
- Gandia tours guide

NOT INCLUDED IN THE PRICE:

- Entrance fees to museums, monuments etc.

Prices:

20 to 25 pax: €380 per person

26 to 35 pax: €350 per person

36 to 46 pax: €330 per person

46 to 55 pax: €305 per person

Single supplement: €100

This trip has been initially priced at the 20 to 25 pax. This price will be reduced depending on the number of travellers. Price includes the visit to the winery on the last day.

A deposit of 200€ is required by 31 September 2017

Cost for a double room - 760€

Cost for a single room - 480€

There are 9 places left for this event. You must sign in to book travel events

Pick up time from:

New Marina Denia - 8.30

McDonalds Denia - 8.45

Mas y Mas Ondara - 9.00

## **ALICANTE CASTLE & SHOPPING 1 December 2017**



A visit to the Santa Barbara Castle with 1 hour tour with English speaking guide.

You can't fail to notice this impressive castle situated on an outcrop overlooking Alicante City. It's one of the largest medieval fortresses in Europe and covers the complete summit of the Benacantil Mountain. Originally built by the Moors in the 10th century, the castle received its name from the conquest of King Alfonso the Wise that took place on 4th December 1248: Saint Barbara's day. Over the following centuries it was developed and extended leaving it with three main areas all dating from different eras.

Santa Barbara Castle has everything you would expect, cannons, a palace, dungeons, a moat, the ruins of a small church and of course that famous lookout tower.

After the castle visit we will have free time for lunch in Alicante followed by Christmas shopping

The price shown is based upon 35 travellers - the more travellers there are the lower the price will be

Cost per person - 16€

There are 19 places left for this event. You must sign in to book travel events

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## For Sale/Wanted:

Nov. 2005 Ford Focus 2.0 TDCi, 139,000 Km, 3 doors, Metallic black, sunroof, cruise control, alloys, 4 new tyres, FSH, VGC,



€4,750 inc. transfer. 966427467 (Dénia) 629690722 Chris Whitehead

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Due to change of vehicle I have the following items for sale:



Hapro roady roof box 100 euros ono. ( check out the prices on Amazon)



Citron Cactus roof bars 100 euros (over 200 euros new)





19" Samsung TV plus sky digi box 50 euros

Telephone 965755234. Or 672640179

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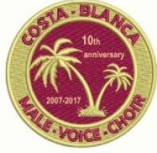
**Wanted:**

URGENTLY needed a male dance partner(s) for salsa in Denia on Monday evenings and/or varied dancing in Javea on Saturday mornings. A sense of rhythm would be an advantage Lol.

Please email [triciabarr@hotmail.es](mailto:triciabarr@hotmail.es)

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**For Information:**



# COSTA BLANCA MALE VOICE CHOIR

## CONCERT AT THE CAVE

**Cueva de las Calaveras, Benidoleig**

**30th June at 8pm**

**Tickets 10€**

**Tel: 965 744 577**

**Email: [cbmalevoicechoir@gmail.com](mailto:cbmalevoicechoir@gmail.com)**

Proceeds to local single-parent charity Guardian Angels and Proteccion Civil



**Ayuntamiento de  
Benidoleig**

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### **Guest Speakers**

Monthly meetings are on the third Thursday of each month with a break for July and August

**September** Daniel Herranz, Lawyer, will be giving a talk and answering questions

**October** David Rohl the well known archaeologist and historian will give a talk on the real story of the Exodus from Egypt.

**November** The Rock Choir will be here to entertain us

Hope you can come along to some or all of these events.

Christine Whitelock  
Vice president

If you have any questions which you would like to propose to any of our guest speakers please can you let Christine know and she will inform the relevant speaker so that they come to the meeting fully prepared. [vice-president@u3adenia.com](mailto:vice-president@u3adenia.com)

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- I may not be that funny or athletic or good looking or smart or talented...I forgot where I was going with this.
- A recent study has found that women who carry a little extra weight live longer than men who mention it.
- Did you hear about the fat, alcoholic transvestite - All he wanted to do was eat, drink and be Mary.