

U3A Denia

Asociación de la
Tercera Edad de Denia
www.u3adenia.org



November 2016 Newsletter

The Committee:

President: **Gordon Clifford**

Vice President: Christine Whitelock

Treasurer: Roger Fell

Secretary: Mike Blower

Ex Officio: Pam Rowlinson

Ex Officio:

Len Roper

Ex Officio:

Margaret Kelly

Ex Officio:

Audrey Roper

A Message from the President:

During the last week our Association had a remarkable "First" when Mark Stacey, he of Bargain Hunt, Flog It, and Antiques Road Trip fame, together with his partner Santiago, carried out valuations for many of our members and those of other U3A's. The event was a great success enjoyed by all those who attended. In addition to raising the profile of the U3A Dénia it also raised a substantial sum of money for our Good Cause. My sincere thanks to Pam Rowlinson who masterminded the event and also dealt with all the logistics, Mike Blower, resident photographer and our very own reincarnation of Lord Snowdon, Peter Couch and Brenda Reeves, the Guardians of the Gateaux, and Ginny Whitehead, Keeper of the Gate and Holder of the Purse. Thanks are also due to the owners of Cafe Amazing who allowed us to stage the event at no cost.

As this is the final Presidents message of the year it presents an opportunity for some reflection on the past year. The Groups, the heart of our Association, continue to flourish with several being inaugurated this year. Thanks to Christine Whitelock we have been educated, entertained, and informed at the Members meetings by many excellent speakers. The Open Day, organised by Christine and Margaret, was a great success, as was the Anniversary Ball also organised by them. The fund raising Sunset cruise, organised by Pam and Len, and enjoyed by nearly 120 people was outstanding and raised a considerable sum for our Good Cause. The event gave a whole new meaning to the term "Rocking the Boat".

Perhaps our only disappointment was being unable to celebrate the birthday of Her Majesty the Queen due to the restrictions placed on us by the Town Hall. There again would you allow a bunch of alcohol fuelled pensioners armed with cans of spray paint, and ready to deface any wall in sight, and prepared to get up to all sorts of mischief in the fountain into your park? Goodness knows what they would get up to in the bushes!!

On the membership front we now have approximately 740, an increase on the previous year, so all things considered the Association has had a very good year.

One new development which will be introduced next year is the preparation of our own Facebook page which will be prepared and managed by Angie Blower and will hopefully increase the profile of the Association within the wider community.

Finally, although it is a little early, may I on behalf of the Committee and myself wish you all a very Merry Christmas and a Happy New Year, and should you be travelling to be with your family and friends we hope you have a safe and rewarding journey.

Gordon Clifford
President

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News from the Groups:

Alternative Thinking:

Alternative Thinking group meet at the new cafe Soles. Assagador de la marjal, near the junction with Carrer Rap at 11 am every Wednesday until 12.30. Come along and meet us and share your experiences.

Christine Whitelock, Group Leader

Curry Club:

Hi all,

On the 29th October we hosted our very first Curry Club and I am glad to say it was very much a successes.



We had three starters:
Samosas –choice of Beef and Vegetables.
Cumin grated carrots and Onion Bhajis

Three Mains:



Red Tai chicken, Sugared pork Korma and a Beef Vindaloo

Three Accompaniments:

Dry spiced chickpeas, Pullau Rice, Tomato and Onion Sambal.

Sweets and desserts: Sweet Vermicelli and Fresh Fruit Salad.

The unifying factor is the use of spices such as Cumin seeds, paprika, Garam masala (cinnamon, black peppercorns and whole cloves grinded), coconut, Turmeric etc.. The food was all placed on the table at once so that everybody can help themselves.

Not only was the food amazing but the company was terrific. Everybody got on so well..

Kind Regards

Sabine Evans

Fitness:

U3A Dénia at the Dénia Fitness Centre

The contract with Dénia Fitness Centre has renewed until September 31st 2017. They are offering special classes in Yoga, Pilates and Circuits exclusively for Dénia U3A members. Due to a lack of numbers, the aquarobics and dedicated Zumba classes were stopped. However, our members can, now, attend ANY normal daytime Zumba and Aqua gym classes at the concessionary price of 3.50€.



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In addition, there are concessionary prices for monthly and annual membership which allows daytime access to any class (U3A or scheduled), the gym, pool and sauna etc. Any member of the Denia U3A can take advantage of these classes and facilities. However, it is important that you have your current card with you as prove of membership, in order to obtain the concessionary prices.

Anyone wishing to join the Dénia U3A specific classes should contact the relevant group leader. Further details are available on the "Dénia Fitness Centre" section of "Groups" on the Dénia U3A website.

Sally Merrett
DFC groups' co-ordinator.

Mahjong Group:



This fascinating game is effectively the same as a game of Rummy, except that it is played with 144 Mahjong Tiles.

Although the game originated in China, it is not necessary to speak Chinese, or even Spanish. A smile and a few words of English will go a long way. A great way to round off the week, this friendly group would love a few more members to join them at the new Cafe Soles, Calle Asagador de la Marjal, Las Marinas (Formerly Bamboo Restaurant), from 3pm for two hours. There is plenty of parking behind the cafe, with a rear entrance. As is usual, it would be respectful to buy a drink or two from the bar.

Make a date in your diary for Friday, or Contact Margaret Bramall at mahjong@u3adenia.com for more details.

Petanque:

Our Pétanque members have been spoiled for many years being able to play all year round so it came as a bit of a shock having to cancel our games three times in recent weeks due to heavy rain! However, the rain doesn't last too long thank goodness but we are disappointed that it tends to pick on a Tuesday to do so!

We have had some more new members join us fielding up to fifty two players some weeks to have fun and enjoy the friendly competition.

As you can see below some of our fellow petanquers are enjoying the better weather and there are some pictures of our most recent winners too.



We continue to play every Tuesday at 10.30 and all are welcome.

Ann, Group leader petanque@u3adenia.com

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Quiz Group:



The U3A Dénia quiz night takes place on the 4th Friday of the month at the Poligono Restaurant in Dénia. The price for the quiz, meal and including prizes is 13 Euros per person.

If you would like to be added to the mailing list for quiz nights please contact Pam quiz@u3adenia.com

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Racketball:

Every Tuesday, 0900 to 1100, Tennis Club de Denia. All welcome to have a go, or have a look. Equipment available. Other dates possible subject to request. Fitness and Fun!

Bouncy, bouncy

Neil Parkin

Group Leader – Racketball racketball@u3adenia.com

RUMMIKUB AND CANASTA

Both groups will continue to meet during December as normal - RUMMIKUB (rummikub@u3adenia.com) on the second and fourth Tuesdays of each month at 6.30pm in the Peking Chinese Restaurant in Denia. We play until around 8 o'clock then have a lovely Chinese meal. Lots of friendly people and lots of chatter. CANASTA (canasta@u3adenia.com) meets every Tuesday at 2.30pm in the new Cafe Soles, Assagador de la Marjal, which is the road that runs parallel to the Las Marinas Road.

Both groups welcome newcomers whether they know the game or not. There is always somebody willing to show you how and you will be made to feel very welcome.

Ukelele Club:

'The Ukaholics' Ukulele Club is going from strength to strength! Considering that many of the members were absolute beginners just a few short months ago, we have our first public performance at the end of November!

The event starts at 8 o'clock on Saturday 26th November, at the Casa de Cultura in El Verger. We have 2 slots during the SCAN Christmas Variety Show, which promises to be an entertaining evening of comedy sketches (I have seen some and they are very funny) music and dance. There will be a bar and refreshments.

Please come and support us at our very first event! Tickets cost 10 Euros per person and are available by email to val.merv2013@gmail.com or telephone 655803005. All in a good cause!

Thanks a lot.

Mary Bolger

For Sale:

Set of large capacity Drawers (120 euros ono)



160 o'all width x 72 h x 43 Drawer Depth



Wrought Iron Glass Top Coffee Table (35 Euros)

Contact Brian: Our Tel.No. is 680929829



Hand tools, spirit level, 10 metre tape, mallets, adjustable spanners, coal chisel, 2 trowels, assorted screws. 65 Euros

Telephone Maureen 966433487 Dénia

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For Sale:



Atico apartment for sale in La Xara. Spacious lounge, three bedrooms, parking space in basement garage. Enormous private terrace with superb views of El Montgo. La Xara is a self-contained village with almost all amenities required for living and is close to the Marina Alta Hospital, the Valencia-Alicante motorway, and Denia with its shops and beaches; on bus route from Denia to Javea. Priced to sell quickly at € 159000. Tel.965788707.

To Let:

LONG/SHORT LET

Modern, 2 bed town house available within walking distance to Dénia town. Private parking, communal pool, hot/cold air con, UK TV, fully furnished.

Please phone Doug on 636 419 425 for more details.

For Information:

S.C.A.N
CHRISTMAS SPECTACULAR
SATURDAY 26TH NOVEMBER
At the Casa de Cultura
El Verger
Pre show Bar opens
at 19-00 Hrs
SPECTACULAR commences at 20-00 Hrs
Tickets 10€
Reservations
Val — 655 803 005
E-Mail Reservations
scancer9@gmail.com

U3A Dénia's 'Good Cause'

The children from the care home were treated to an outing to see the damage caused by the fires in Javea. They were given an educational talk by one of the firemen who fought the blaze on the causes of such fires and how to prevent them.



They were then treated to an afternoon tea which, as you can see, they thoroughly enjoyed.

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Mark Stacey holding a priceless antique





A big thank you to all who supported the Mark Stacey valuation days which raised €532 towards the children's Christmas presents which will be handed out by our very own Papa Noel.

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SITUATION VACANT

A Treasurer is urgently needed to support the travel team. Please contact pamrowlinson@gmail.com

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Alcohol does not make you FAT!
It makes you LEAN...
against tables, chairs, floors, walls
and ugly people.